



Prayer and temptation

One of the ways we enter not into temptation is through prayer.

Prayer is communion with God which helps us to stay focused upon Him thereby avoiding temptation.

Luke 22:40, 45-46 40 And when he was at the place, he said unto them, pray that ye enter not into temptation. 45 And when he rose up from prayer, and was come to his disciples, he found them sleeping for sorrow," And said unto them, why sleep ye? rise and pray, lest ye enter into temptation.

- i) Temptation has to be entered into. We do not just get tempted. Temptation is a trap. A trap to have its way, one has to enter into it.
- ii) Some sleeping is for sorrow or from sorrow.
- iii) Jesus ain't against sleeping. He slept on multiple occasions. The point was this was a time to pray not to sleep (Mark 4:38).