



Nourishment of the believer

As believers, we need to continually feed on the Word and get the nourishment we need. There is no growth and no nourishment without God's Word. We cannot afford to be malnourished.

Sometimes when we read or study the Word, we don't get huge revelations and so forth. It may look like we have not progressed, but we have received nourishment. I don't remember what I ate a few weeks ago, but I received nourishment. It is not always spectacular, but something happens when we read or study the Word.

1. Born again

a) 1 Peter 1:23 Being born again, not of corruptible seed, but of incorruptible, by the word of God, which liveth and abideth forever.

i) God's Word is the primary foundation for everything. We were born again by the Word and we continue to grow and receive nourishment through the same Word.

ii) Jesus is the Word of God (John 1:1)

2. The Word is the seed

a) Mark 4:14 The sower soweth the word.

b) Mark 4:26-28 And he said, So is the kingdom of God, as if a man should cast seed into the ground; And should sleep, and rise night and day, and the seed should spring and grow up, he knoweth not how. For the earth bringeth forth fruit of herself; first the blade, then the ear, after that the full corn in the ear.

i) When we plant a seed in the ground, it looks like nothing is happening. In truth, something is happening although it is unperceived. You do not dig out a seed because you have not seen anything in a few dates. You need to trust that something has taken place even if you do not perceive it yet.

ii) Our heart is the earth that brings forth the fruit of herself.

3. Desire the sincere Word of God

a) 1 Peter 2:2 As newborn babes, desire the sincere milk of the word, that ye may grow thereby:

i) We do not just grow. We need to desire the Word and then we will grow.

ii) No word = No growth.

b) 2 Peter 3:18 "But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ. To him be glory both now and for ever. Amen."

i) We need to continue to grow in the grace, and in the knowledge of the Lord.

ii) This happens through the Word of God. Without the Word of God, there is no growth.

4. Grow up

a) Ephesians 4:15 But speaking the truth in love, may grow up into him in all things, which is the head, even Christ:

i) God's Word is the truth (John 17:17). When we speak the Word of God (Truth) in love, there is growth as a result.