



Let not your heart be troubled

The last year and a half or so has been interesting for many people. Some positively interesting while others negatively interesting.

My heart goes out to each one of you that has lost loved ones to this corona virus. I pray that you receive comfort from the Holy Spirit who is renowned comforter.

We have heard lives still being lost and destroyed by this virus that came from Satan (the chief killer, destroyer, thief), not from God.

Recently the president gave a speech and gave certain COVID guidelines. These guidelines affect some more than others. As a ministry we continue to operate and as we minister to the needs of the folk of God. I urge you to **comply, but FEAR NOT!**

We have no cause to fear. Yes, there are reasons and circumstances that say fear, but the Word of God never tells us to fear.

A great awakening happening. Everything happening is not negative, there are lots of good things happening. God is on the move.

You get to choose how you look at the glass. Half empty or half full. Thank God the president did not declare a total lockdown. This is great news. I'm thankful to the Lord. It could have been worse.

I have made up my mind to not take the turmoil of this world in my heart. It is not getting in. I'm not renting it any space.

Knowing that the Lord is living on the inside of us, why fear? Why let your heart be troubled?

John 14:1 Let not your heart be troubled: ye believe in God, believe also in me.

- a) Jesus was sharing with the disciples the night right before they went to the cross. He was about to die, and it was going to get ugly, yet he told them not to be troubled. Why?
- b) It is up to us not to let our hearts to be troubled.
- c) Troubled means to be agitated, restless, disquieted, inward commotion, disturbed, perplexed, distressed, anxious, worried and upset.
 - i) Psalm 42:11 (43:5) *Why art thou cast down, O my soul? and why art thou disquieted within me? **hope thou in God**: for I shall yet praise him, who is the health of my countenance, and my God.*
 - ii) Matthew 11:28 *Come unto me, all ye that **labour** and are **heavy laden**, and I will give you **rest**.*
 - iii) Philippians 4:6 *Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.*
 - o “Be careful for nothing” also means “Be anxious for nothing.” If you let your heart be anxious, it will be troubled.
- d) We have been given authority, not just over the devil, sicknesses, and diseases but also over all our **emotions**. We have the power not to let our hearts be troubled.
 - i) You have been given power (over Satan, demonic forces, all kinds, and all manners of diseases) and authority to see things change in your life.
 - ii) Matthew 10:1, 8; Luke 10:19
- e) If we are going to win, the first thing we need to do during a crisis is to harness our emotions. The way we handle, harness our emotions at the start of the crisis determines if the battle is lost or won. Most battles are lost in this place. You need to get your emotions under control.
 - i) We play a part in not letting our hearts be troubled. If we let our hearts to be troubled, they will be.

- f) How do we do that? We need to believe in God or have faith in God, yet not only God but also in Jesus. **Having faith in God and not in Jesus will not keep our hearts from being troubled.**

Don't focus on what you do not have and lose focus of what you have and have been given.

There is no season or place where the Word of God does not work. It works for me everywhere and every time.

John 16:33 These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.

How do we overcome (conquer, have victory, subdue) the world? **Overcome means you are over those that come. When satan comes, you are over him. When sickness comes, you are over sickness. You are over all that come!**

- i) 1 John 5:14 *For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our **faith**.*
 - o Faith or believing in the Lord is how we overcome.
- ii) 1 John 4:4 *Ye are of God, little children, and have overcome them: because **greater is he that is in you**, than he that is in the world.*
 - o Because greater is He that is in us that he that is in the world.

Rumors of wars

Luke 21:25-26 And there shall be signs in the sun, and in the moon, and in the stars; and upon the earth distress of nations, with perplexity; the sea and the waves roaring; [26] Men's hearts failing them for fear, and for looking after those things which are coming on the earth: for the powers of heaven shall be shaken.

- a) Men's hearts failing them for fear

Acts 18-9-10 *Then spake the Lord to Paul in the night by a vision, Be not afraid, but speak, and hold not thy peace: For I am with thee, and no man shall set on thee to hurt thee: for I have much people in this city.*

Psalms 34:4 I sought the Lord, and he heard me, and delivered me from all my fears.

- a) If we need to be delivered from our fears, we need to seek the Lord. Colossians 3:1-2 *If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God. Set your affection on things above, not on things on the earth.*
- b) When we seek the Lord, He hears us. Some have believed or thought otherwise. God hears us.
- c) He not only hears us, He delivers us. Thank You, Lord.
- d) Even more, He delivers us not from some of our fears, but ALL.

Psalms 23

Though I walk through the valley of the shadow of death, I will fear no evil: for you are with me;