



Trusting God, The Inevitable of Life

Trusting God is one of the misunderstood or understood buzz word. It is **not a reaction**; it is a **DECISION**.

A shock to many people is they think trusting God is only required when they are:

- Trouble
- Difficulty
- when things are not working.

Trusting the Lord goes for **all times** and **goes for big and small things as well**.

Regardless of the situation, one thing that ought to be a constant is **trusting God** in every season or reason no matter what it is.

Africa and/or places people call third world tend to see many miracles.

- One of the reasons for this is their trust and dependence upon the Lord.
- Trusting the Lord is a catalyst to miracles and breakthroughs.

Everything rises and falls on trust.

Some Wrong Perceptions about trusting God.

- 1) Take a **break, leave, time off, holiday, or vacation** from trusting the Most High. (We may not use these very words, but that is what we believe.)
 - a) Solution: There is no vacation or time off from trusting or seeking God.

- b) If we are truly seeking God, we cannot arrive at a place where they have it all together and they do not have to trust God.
 - c) God spoke to me when I was in a difficult season of my life and told me: **to trust Him.**
 - o "He told me to not dread it but rather find joy in it and enjoy it. Make it fun. Trusting the Lord in everything is the way of life. It's here to stay. Rather than dreading it and fearing to do so, change your perspective and you will win trusting the Lord."
 - d) Example I: Trusting God is not a sprint. It's a **marathon.**
 - i) You can't be thinking, "I'm all done. I trusted you yesterday, I do not have to trust you again."
 - e) Example II: Trusting God is like **breathing.** You cannot hold your breath for very long or you begin to die. Don't hold your breath (trust). You don't breathe today so that you don't have to breathe tomorrow.
 - i) You need to breathe every day.
 - f) We should not be thinking that if trust God today, we do not have to trust Him tomorrow. Lord, "I will trust you today, but I won't have to trust you tomorrow." I would be good then.
 - i) Matthew 6:11 ¹¹Give us this day our **DAILY BREAD.** It is not yearly bread or monthly bread. On a daily, we come back and trust and depend upon the Lord for that day's provision.
 - g) In the journey of trusting God, **you do not cross the finish line.**
- 2) Some individuals perceive trust in God as a sign of **weakness and defeat.** However, this couldn't be further from reality! Trusting in the Lord is **a testament to one's strength.** Conversely, those who do not trust God are already experiencing loss and will ultimately find themselves in a state of weakness.
- a) Solution: We need to embrace a lifestyle of trusting and depending upon God. Trusting the Lord is the way to truly win, overcome, survive, and thrive.

Let's examine one of the most known passages of scripture in the bible.

Text: Proverbs 3:5-6 ⁵ *Trust in the Lord with all thine heart; and lean not unto thine own understanding.* ⁶ *In all thy ways acknowledge him, and he shall direct thy paths.*

1) Trust means to depend, rely, count on, look to, rest upon. From Dictionary.

The word "Trust" was translated as:

- a) Confidence (Psalms 118:8-9)
- b) Hope (Jeremiah 17:7-8)
- c) Secure (Judges 18:7, Judges 18:10, Judges 18:27, Job 11:18)

So, we can safely say, trusting the Lord is putting our hope and confidence in the Lord.

2) Trusting in the Lord

a) Notice that our trust ought to be in the Lord—not in man, boss, husband, man or woman of God.

i) You may ask who trusts in a man of God? Well, shockingly some people do. They have not been taught right.

b) Trusting in the Lord = Trusting in the Word.

i) The Lord is one with His Word.

ii) If you do not know the Word, you can't and won't trust God. The Word gives us the foundation, history, and faith to believe and trust God.

o John 1:1 In the beginning was the Word, and the Word was with God, and the Word was God.

ii) Knowing the Word leads to trusting the Lord.

- c) Do you have faith in the Word of God? Do you trust His promises and what He has said about you? Do you even have a word from the Word for you situation?
 - d) You need a Word from the Word to carry you through your situation.
- 3) With all thine heart
- a) Trusting in the Lord is of the heart and heart things require faith. There are unknowns and uncertainties.
 - i) Heart things are things of the Spirit.
 - b) Trusting in the Lord is not mental or intellect thing.

What does trusting God look like?

- 1) Leaning not on our own understanding
- a) There are various types of understanding.
 - i) Our own understanding
 - ii) World's understanding (Traditions of men)
 - iii) God's understanding
 - o There is a supernatural wisdom and understanding that comes from God—God's Word. This is the one we need to use.
 - b) This is not saying we should not use your heads. Thinking and using our heads is not forbidden.
 - c) Speaking of trust things, we need to go more with the **heart than the head**—with inner witness and peace rather than with logic and reason.
- 2) Acknowledging Him
- i) In other passages acknowledge was translated as "Know, perceive, discern, acquaintance, consider, in

- o Give ear to him (Basic Bible English) version.

- ii) This word means to accept or admit the existence, validity, authority, or truth of something. In this case, God. When we acknowledge the Lord, we admit that He exists and that He has authority and power over us and our lives.
- iii) Jeremiah 10:23 O LORD, I know that the way of man is not in himself: it is not in man that walketh to direct his steps.

3) Looking unto the Holy One of Israel, and seeking the LORD

Isaiah 31:1 Woe to them that go down to Egypt for help; and stay on horses, and trust in chariots, because they are many; and in horsemen, because they are very strong; but they look not unto the Holy One of Israel, neither seek the LORD!

- a) Egypt is the world, and it is down, not up. Woe (Troubles) to them that go to the world for help and look to anything else besides God for help.
 - i) Note: Anything you look to for help besides God is Egypt and it is down, not up.
- b) Notice that the word **"trust"** is used interchangeably with **"look"**. We trust the Lord by looking—looking upon Him.
- c) Trusting the Lord = looking unto Him = seeking Him. If we are not looking unto the Lord, we are not seeking Him and trusting Him.
- d) We **seek** God by **looking** to Him which is **trusting** Him. Who you look to is whom you are trusting. Who you set your eyes on is whom you are trusting.
- e) Notice: Trusting in all these horses, chariots, and horsemen is because we are neither looking unto the Lord nor seeking Him.
 - i) Of course, this is not to say that it wrong to have all these things that protect us. You can have insurance, bodyguard, car brakes, gun and so forth as long as your trust is not in that.

4) Remembering the Name of the Lord

Psalm 20:7 Some trust in chariots, and some in horses: but we will remember the name of the LORD our God.

- a) Although some trust in all these things such as horses, chariots (Isaiah 31:1), lawyers, and doctors, we need to remember the name of the Lord.
- b) Trusting the Lord is remembering His name. This is not referring to J E S U S— spelling. This is speaking of something more than that.
 - i) The name of the Lord is speaking of His character, person, nature, reputation, fame, glory, position, and authority.
 - ii) It's faithful, full of wonders, Mercy, grace, provision, power, deliverance, and healing. It's the name above all names. I can afford to put trust in such a name.

5) Letting God promote us

- a) Promotion is **not** just getting pay raise or a new job title. It is more than that. It is new levels of influence, impact, and provision to advance the kingdom of God.
- b) David Trusted God to promote him and fulfill His promises to him. He 3 times had an opportunity to kill King Saul but did not.
 - i) 1 Samuel 24—Cave
 - ii) 1 Samuel 26—Camp
 - iii) 1 Samuel 26—Ziph Wilderness.
- c) What would you have done? King Saul was David's enemy who was hunting for his life for about 7 years. **David had three clean shots, clean opportunities to put King Saul to permanent sleep but did not do it.** WHY? He was trusting God; He did not want to make this come to pass through his own way and strength.
- d) If you are playing a race, woman, the minority card, you are not trusting God.

6) Doing Good

Psalm 37:3 Trust in the LORD, and do good; so shalt thou dwell in the land, and verily thou shalt be fed.

- a) Trusting the Lord = doing good

- b) We live in people define evil and bad as good. We have all met people who say they are trusting God yet they are not doing good.
- c) Whenever we do good, we are trusting the Lord. If we are not doing the right thing—that which is good (godl), we are not trusting God even if we may say we are.
- d) Doing what the Lord tells us to do is trusting God. If we do not, we are not trusting God.
 - i) John 2:5 "His mother saith unto the servants, Whatsoever he saith unto you, do it."

7) Confidence

Psalm 118:8 It is better to trust in the LORD than to put confidence in man. 8 It is better to trust in the LORD than to put confidence in princes.

- a) Trusting in the Lord is **BETTER**. It's far better than trusting in anything or anyone else such as government, boss, parents, spouse, man or princes (those in authority).
- b) Notice that Trust and Confidence are used *interchangeably*.
 - i) Meaning, our confidence is our trust. Whoever we trust, we put our confidence in him.
 - ii) Whoever we trust is who we have our confidence in and vice versa.

8) Seeking the Lord

Psalm 9:10 And they that know thy name will put their trust in thee: for thou, LORD, hast not forsaken them that seek thee.

- a) Trusting the Lord and seeking the Lord are used *interchangeably*.
- b) Putting trust in the Lord is seeking Him. No seeking = No trust and vice versa.
 - i) If you are not seeking the Lord, you will not trust Him.

9) Knowing His name

- a) Because one knows His name and will trust in Him. Trusting God is knowing His name—And the result is He hasn't forsaken them that seek Him.
 - i) If and when you know the Lord (His name), you will put your trust in Him.

- ii) Of course, knowing is more than just mental knowledge, It is speaking of a
 - b) This is not speaking of mere knowledge but a deeper knowing—a relationship with Him.
 - c) Nahum 1:7 The LORD is good, a strong hold in the day of trouble; and he knoweth them that trust in him.
- 10) Not being afraid

Isaiah 12:2 Behold, God is my salvation; **I will trust, and not be afraid**: for the LORD JEHOVAH is my strength and my song; he also is become my salvation.

- a) If we trust the Lord, we won't be afraid. The opposite of not being afraid is trusting.

The Lord is our strength, Song, and Salvation therefore we should not be afraid.

Psalm 11:1 In the LORD put I my trust: how say ye to my soul, Flee as a bird to your mountain?

- a) Trusting the Lord is not telling yourself to flee as a bird to your mountain. If you are trusting in the Lord, you should not flee as a bird. If you do, you have not been trusting God. This of course doesn't mean you walk into danger and fire, but if you find yourself in it, you can trust God and get out of it.

Psalm 112:7 He shall not be afraid of evil tidings: his heart is fixed, trusting in the LORD.

- a) When our heart is fixed trusting the Lord, we are not afraid of evil tidings.

11) Committing our ways

Psalm 37:5 Commit thy way unto the LORD; trust also in him; and he shall bring it to pass.

- a) When we commit our way unto the Lord, we are trusting in Him. Trusting the Lord is down to committing our way unto Him.
- b) It is God that brings what we commit to Him to pass.

Benefits to Trusting God

Why trust God? How is it beneficial to me? Does it even work? Well, I'm glad you asked. Contrary to what some might think or even want to believe, it pays off to trust the Lord.

Trusting the Lord has lots of benefits. This is where things happen for us as children of God. We should not shun or turn away from trusting Him. He wired us this way. We were created to rely on and depend on Him. If you are not trusting God, you are not growing. It's from a place of trusting God that we are stretched and grow.

These benefits are also promises to stand on as we trust and believe God.

1) Perfect peace

Isaiah 26:3-4 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee. 4 Trust ye in the LORD for ever: for in the LORD JEHOVAH is everlasting strength:

- a) Trusting the Lord looks like perfect peace.
- b) When our mind stays upon the Lord, it's because we are trusting Him. There is no trusting the Lord if our mind stays upon other things such as the problem.
- c) The result of trusting the Lord is peace.

2) God fights for you.

If we fight for ourselves, we are not trusting God. One of the benefits when we trust God is that God fights for us.

Exodus 14:13-14 ¹³And Moses said unto the people, Fear ye not, stand still, and see the salvation of the Lord, which he will shew to you to day: for the Egyptians whom ye have seen to day, ye shall see them again no more for ever. ¹⁴The Lord shall fight for you, and ye shall hold your peace.

3) Hope

Jeremiah 17:7-8 ⁷Blessed is the man that trusteth in the Lord, and whose hope the Lord is. ⁸For he shall be as a tree planted by the waters, and that spreadeth out her roots by the river, and shall not see when heat cometh, but her leaf shall be green; and shall not be careful in the year of drought, neither shall cease from yielding fruit.

Hope is the positive expectation of something good. Faith and hope go together.

Faith is the substance of things hoped for (Hebrews 11:1). This mean that if there is no hope, faith cannot function. Faith needs hope to make things manifest or substance.

4) **Happy is he**

Proverbs 16:20 He that handleth a matter wisely shall find good: and whoso trusteth in the Lord, happy is he.

- a) How do you handle a matter wisely? Well, it's impossible without trusting, depending, and having confidence in the Lord to handle a matter wisely. It is by simply trusting in the Lord.
- b) And as a result, we find good. How do we find good?
 - i) By trusting the Lord—Psalm 37:3 **Trust in the LORD, and do good**; so shalt thou **dwel**l in the land, and verily thou shalt be **fed**.
- c) This means that doing good is trusting the Lord and the way we find good is simply by trusting the Lord.
- d) He that trusts in the Lord, **Happy is he**.
 - i) If you want to be happy, you want to be trusting the Lord.
 - ii) You sad, bro? Those who are sad are not trusting in the Lord. Their confidence in not in the Lord or else they would be happy.

Trusting the Lord = handling a matter wisely, finding good, and Happy

Psalm 64:10 The righteous shall be glad in the LORD, and shall trust in him; and all the upright in heart shall glory.

5) **Fat**

Proverbs 28:25 He that is of a proud heart stirreth up strife: but he that putteth his trust in the LORD shall be made fat.

- a) Abundance with all needs met, satisfied, more than enough, overflowing, prosperity,
- b) This is not speaking literally that if you are fat, you have a scripture to stand on. It is not encouraging that nor saying you have been trusting God and He has made you fat.
 - i) The opposite of this says they who do not trust in the Lord, will be made skinny—without abundance.

6) **Safe**

Proverbs 29:25 The fear of man bringeth a snare: but whoso putteth his trust in the LORD shall be safe.

- a) If you are trusting the Lord, you shall be safe.
- b) Safety is not found in things or a safe location or neighborhood. Safety is found in trusting in the Lord, not in chariots, horses, guns, security, and/or our own might.

7) Help and Shield

Psalm 115:11 Ye that fear the LORD, trust in the LORD: he is their help and their shield.

- a) Fearing the Lord leads to trusting Him. We need to trust and have our confidence in the Lord if we fear Him. There is no fearing the Lord without trusting Him.

8) Never be ashamed

Psalm 31:1 In thee, O LORD, do I put my trust; let me never be ashamed: deliver me in thy righteousness.

- a) If I put my trust in Him, He will never let me be ashamed.

9) Blessed

Psalm 40:3-4 And he hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the LORD. 4 **Blessed is that man that maketh the LORD his trust**, and respecteth not the proud, nor such as turn aside to lies.

- a) Do you want to be blessed? Trust the Lord. If you make the Lord your trust and depending on Him, you are blessed. You do not need to be blessed. You already are!

10) Irremovable

Psalm 125:1 They that trust in the LORD shall be as mount Zion, which cannot be removed, but abideth for ever.

- a) Trusting in the Lord we can't be removed, and we abide forever.

11) Never put to confusion

Psalm 71:1 In thee, O LORD, do I put my trust: let me never be put to confusion.

a) If you do not want to be confused, trust in the Lord. Put your trust and confidence in Him.

12) Refuge and Fortress

Psalm 91:2 I will say of the LORD, He is my refuge and my fortress: my God; in him will I trust.

Psalm 18:30 As for God, his way is perfect: the word of the LORD is tried: he is a buckler to all those that trust in him.

13) Help, Deliver, and Save

Psalm 37:40 And the LORD shall help them, and deliver them: he shall deliver them from the wicked, and save them, because they trust in him.

a) Trusting the Lord has outcomes: Help them. Deliver them—from the wicked Save them.

In conclusion

One of the best statements you can say in your situation is **"Lord, I trust you"** even if you do not see the light at the end of the tunnel.

Can I trust God even when I'm in the wrong or have sinned? Can I trust Him to get me out even if I dug the hole myself? Yes, you can. All of us have been in some kind of wrong in some situation we encounter. We do not do things perfectly.

The Lord spoke to me and gave me a revelation regarding who my source is, and it transformed my life. I was believing God for a financial breakthrough, but at the same time I was looking to a person I expected to bail me out and when they did not, I was very disappointed and as I did, God spoke to me: *"If you are angry and mad at someone for not coming through for you or not do as they had promised, you do not have God as your source because if you did, you would not be angry, upset or disappointed. Having and knowing that the Lord is your source will keep you from being mad."*

We have to get to a place where we no longer get disappointed by people because we never trusted or leaned on them in the first place. We (You) can get to a place where you say, "You did not disappoint me for I was not trusting in you. I was trusting in God, and it is okay." Such a person is hard to disappoint.