



Take Heed

In the effort to minister to others, we should not neglect taking heed to ourselves. The enemy knows to take out the generals to affect the outcome of the battle. We should never neglect ourselves if we want to be a blessing to others. We cannot give what we do not have. We need to keep our relationship and fellowship with the Lord as vibrant as possible.

1 Timothy 4:16 Take heed unto thyself, and unto the doctrine; continue in them: for in doing this thou shalt both save thyself, and them that hear thee.

Paul wrote to Timothy encouraging him to take heed to himself, not others. This is a crucial point that many of us have missed.

“Take heed” means to pay attention to, hold upon. Thayer’s definition defines it as to "apply to, observe, attend to"

a) Not to fall

- i) 1 Corinthians 10:11-12 Now all these things happened unto them for examples: and they are written for our admonition, upon whom the ends of the world are come.
- ii) 1 Corinthians 10:12 Wherefore let him that thinketh he standeth take heed lest he fall.

b) How we build

- i) 1 Corinthians 3:9-11 For we are laborers together with God: ye are God's husbandry, ye are God's building. According to the grace of God which is given unto me, as a wise master builder, I have laid the foundation, and another buildeth thereon. But let every man take heed how he buildeth thereupon. For other foundation can no man lay than that is laid, which is Jesus Christ.

c) Not to cause others to stumble

- i) 1 Corinthians 8:9 But take heed lest by any means this liberty of yours become a stumblingblock to them that are weak.
- d) That your heart be not deceived.
 - i) Deut 11:16 Take heed to yourselves, that your heart be not deceived, and ye turn aside, and serve other gods, and worship them;
 - ii) See also Matthew 24:4-5
- e) That ye Love the Lord.
 - i) Joshua 23:11 Take good heed therefore unto yourselves, that ye love the LORD your God.
- f) Beware of the leaven of Pharisees.
 - i) Matthew 16:6 Then Jesus said unto them, Take heed and beware of the leaven of the Pharisees and of the Sadducees.
- g) Despise not the little ones.
 - i) Matthew 18:10 Take heed that ye despise not one of these little ones; for I say unto you, That in heaven their angels do always behold the face of my Father which is in heaven.
- h) Covetousness.
 - i) Luke 12:15 And he said unto them, Take heed, and beware of covetousness: for a man's life consisteth not in the abundance of the things which he possesseth.
- i) Ministry
 - i) Colossians 4:17 And say to Archippus, Take heed to the ministry which thou hast received in the Lord, that thou fulfill it.
 - ii) 1 Timothy 4:16 Take heed unto thyself, and unto the doctrine; continue in them: for in doing this thou shalt both save thyself, and them that hear thee.
- j) Unbelief.
 - i) Hebrews 3:12 Take heed, brethren, lest there be in any of you an evil heart of unbelief, in departing from the living God.

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