

Serving God through prayer

Serving God is not limited to only doing the heaviest and the most difficult things. It also includes prayer. Prayer is a key area through which we can serve God especially those that are limited in certain ways such as strength, age or even movement. This is one way we can serve God.

Luke 2:36-38 And there was one Anna, a prophetess, the daughter of Phanuel, of the tribe of Aser: she was of a great age, and had lived with an husband seven years from her virginity; And she was a widow of about fourscore and four years, which departed not from the temple, but served God with fastings and prayers night and day. And she coming in that instant gave thanks likewise unto the Lord, and spake of him to all them that looked for redemption in Jerusalem.

- a) Anna was an old lady of about 84 years old.
- b) She was a widow who was supported by the church finances (1 Timothy 5:9-10).
- c) Although she was advanced in age and lacking in strength, she could still serve God serving God is not simply running up and down doing this and that. Anna served the LORD through prayers and fastings—night and day.
- d) As people advance in age, there are certain things they cannot do. This causes them to focus on those things they can do that do not require a lot of energy and cardio such as;
 - i) Prayer
 - ii) Fasting